## Colour, Visual Stress, Health and Learning



From the President AAIC...

Join us at this conference with a vision...

For this conference we interpret vision in two ways: first we refer to vision in the sensory way, the ability to see the world clearly, without distortions; secondly, we have a vision that is big picture, creative and full of possibilities.

Until recently the focus of Visual Stress and Perceptual difficulties was on learning and particularly difficulties with reading. About 90% of all learning disabled students are in mainstream classrooms in Australian schools and about 50% of these suffer from visual stress. Visual Stress, arising from Visual Processing Difficulties and sensitivity to light, has been one neglected cause of difficulties.

In this conference teachers and parents will find a greater understanding of the "why" of certain behaviours and the "how" to deal with these.

Education policy makers incorporating this information can provide possibilities for massive change in disability support.

More recently the effects of visual stress on physical and emotional conditions have been studied. Connections with PTSD, ADD, ASD, chronic fatigue, migraines and headaches, and traumatic brain injury, including stroke are being discovered.

If you are a health provider, educator or insurer, this conference will provide some surprising information for understanding your clients, more solutions and more options on how to easily alleviate some of the symptoms of these conditions.

I commend the conference to you and look forward to how together we can envision a better world for those individuals affected by visual stress.

## Who should attend?

- Allied Health Professionals
- · HR Professionals
- Insurers
- Optometrists
- Parents
- Policy makers
- Researchers
- School Leaders
- Teachers in mainstream, Special and Further Education

## If you are interested in...

- Options for a better future for learners and workers
- Evidence based practical pedagogical strategies for diverse learners and those with disabilities, applicable to workplaces
- Networking possibilities to promote change in education, rehabilitation, workplaces and in the justice system

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